Call No. : 641.3 COS Food Italia Author : Valerio Costanzia

Do you like eating food? Do you like Italy? Do you like trying different cuisine? Do you want to know more about the Italian language?

If you like all these, I will suggest this book to you. It is because this book is about the food of Italy. I think most of you haven't read a book which is about Italian food. Although this book is very thick, it has a lot of food that you haven't seen before. In addition, if you want to learn Italian, you can also read this book. This book has both English and Italian. I think it is translated from Italian to English.

Let's talk about this book. The content page of most cookery books often consists of the dishes' names only but this book is not like this. This book gives us the place where the food is produced, for example: emilia roma'gna(Italian) and valle dáosta(Italian) are some regions of Italy.

Let me tell you about my favourite food in this book. My favourite food is the canestrelli biscuits which are the traditional sweet wafers with their lattice-like pattern. The main ingredients are flour, cocoa, sugar, eggs, butter, nutmeg, red wine and rum. First, I like it because I like to eat biscuits, especially Italian biscuits. Second, this biscuit has cocoa. I love to eat food that has cocoa in it.

I think this book is quite good. It is because it can teach you many things. First, it is printed in English and Italian. When you read the description in English, you can also understand the Italian. Second, this book talks about the places in Italy, so you can learn and know more about Italy and its food culture. It can widen your knowledge. I like this book. I would like to recommend this book to you

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