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**If life is a game, these are the rules :**

**ten rules for being human**

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Video games is a popular entertainment nowadays. In the games, we need to obey different rules to earn the experience and level up. In the same way, we need to obey the rules in our life to level up ourselves and gain a better future. If you want to level up, you should follow the ten rules stated in the book.

Human is a social animal, so we need to live in groups with every kind of people whether we want it or not. Most of the time, we will hate some people just because of our own impression. However, the seventh rule teaches us: 'Others are only mirrors of you.' We cannot love or hate something about another person since it can be reflecting something we love or hate about ourselves.

Others are our mirror. We would like to make friends with someone because we are fond of his character or have the same hobbies. It reflects that a part of us is in this kind of person. On the other hand, if we get along with one who is brilliant, our shortcoming will be reflected. It is a chance for us to level up ourselves. Through reading this book, we can realize how we can coexist with the others peacefully and find out our shortcomings to improve.

Life is a game and the others are a mirror for us to level up. Therefore, we should treat our friends well, because they will help us in different ways, even without our knowing.

5C Wong Cho Yi

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A BROADWAY INTERNATIONAL EDITION

"IF LIFE IS A GAME, THESE ARE THE RULES is a template for living. Everyone needs to read these words of wisdom. It's 'simple' yet important stuff."

—Richard Carlson, Ph.D., author of  
DON'T SWEAT THE SMALL STUFF

IF LIFE is  
a GAME,  
THESE are  
the RULES

Ten Rules for Being Human  
as introduced in  
Chicken Soup for the Soul

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With a foreword by Jack Canfield